

A luxury boutique sanctuary for personal transformation

Exhale Yoga Studio

Our Studio design and location is created to allow a flow, an ease and a connection with nature.

Through this magical union, peace and tranquility can be felt in the present moment. Our teachings are holistic, integrative and deeply transformational.

Our studio philosophy is an international center that celebrates unity and diversity through many styles and techniques for personal transformation.

1,110 sq ft, fully equipped yoga studio, with floating wood floors, separate entrance, sound system and 12 point AIReal silks. Nirvana Park and Shiva Shack located next to the studio.

## RENTAL

Exhale yoga studio, Shiva Shack and Nirvana park. All Three spaces. Free parking, wifi and (1) 5 gallon bottle of water

> 4 hours US\$450 8 hours US\$800

Includes set up and set down. Each additional hour above reserved time /\$75US

Security Deposit US\$300 refundable Cleaning fee US\$35

#### FILM ON LOCATION

We welcome film production companies to Yoga Life Villa and Exhale Yoga Studio. Half day and full day rates available. Rental fees to be determined based on location, day, time/hours, and specific requirements We offer only Private, semi- private and group classes only

Classes are taught by Mauray Campagna a 550+RYT certified yoga teacher and member of the worldwide organization of Yoga Alliance.

Experiences in Hatha, Vinyasa flow, Yin, restorative, meditation, Kriya, pranayama, kundalini, Sattva Himalayan flow, Body Somatics and AIReal yoga. Combine and integrate

Choose your day, time and experience.

## YOGA

Individual private yoga session RD\$3,000/ \$55US

Semi-Private up to 4 - RD\$4800/US\$85 Private Group up to 8 - RD\$6500/US\$120 Private Group 8+ - RD\$600pp

# **AIReal YOGA**

The only Aireal Yoga program certified by Yoga Alliance

Individual private AIReal Yoga Session RD\$3500/ US\$65

Semi-private AIReal Yoga up to 4 RD\$5500/US\$100

Private Group AIReal Yoga up to 8 RD\$8000/US\$150

Private Group AIReal Yoga 8-11 add RD\$900 pp

All classes are 75 minutes long. Mat rental \$100 pesos. Purchase new mats for \$1700 pesos.

#### **REGULAR EVENTS**

Every Wednesday "Connect to Source" 10:00am -2:00pm 1st & 3rd Saturday "Rest & Restore" Day pass 8:30am-2:00pm Reservations required 48 hours in advance