



YOGA LIFE VILLA

A luxury boutique sanctuary
for personal transformation

Tours & Activities

An aerial photograph of a person swimming in a vast body of water. The water is a deep turquoise color, filled with intricate patterns of white foam and bubbles, suggesting a strong current or a large wave. The person is a small figure in the center-left of the frame, wearing a dark swimsuit and a yellow cap, swimming towards the right. The overall mood is serene yet dynamic, emphasizing the power and beauty of water.

Water Activities

To smooth your soul and ignite your creativity



Surfboard Lessons

Private Lesson

2 hours-all materials & instructor

US\$75

Includes transport from YLV to surf School

Group Lesson

2 hours-all materials & Instructor

US\$60

Includes transport from YLV to surf School

Minimum 6 people required.



Paddleboard lessons

Private Lesson

2 hours-all materials & instructor

US\$75

Includes transport from YLV to surf School

Group Lesson

2 hours-all materials & Instructor

US\$60

Includes transport from YLV to surf School

Minimum 6 people required.

Half Day Beach Tours

A vibrant tropical beach scene. In the foreground, a sandy beach is dotted with small green plants and palm fronds. Two large palm trees lean over the sand from the right. The turquoise ocean meets the shore with gentle waves. In the distance, a small island is visible on the horizon under a bright blue sky with scattered white clouds.



Playa Bonita Beach and Lunch

US\$65

Take a stroll and renew your spirit on one of the top beaches named In Conde Nast. Bask in the warm sun and swim in the calm seas of Playa Bonita beach. Enjoy a delicious lunch with fresh fruit drink.

Alcoholic drinks are not included.

Minimum 6 people required.



El Portillo Beach Sunset Drinks and Dinner US\$90

We begin our beach tour in the early afternoon

Enjoy beautiful views and amazing sunsets on the beach in the soothing sea waters of El Portillo.

This is followed by dinner at Porto Restaurant.

Includes one glass of wine per person.

Minimum 6 people required.

All Day Adventures





3 beach tour: Fronton, Playita and Rincon beaches US\$110 per person

Expand your awareness through this beautiful excursion you will discover the most amazing secret beaches in the Samana region.

3 virgin beaches with crystal clear waters classified among the most beautiful landscapes in the world.

Available Monday & Thursday.

Minimum 6 people required.

You will need : swimsuit, towels, sun cream, hat, sun glasses, snorkeling equipment

Included : transport from YLV, snorkeling equipment, lunch (fish or chicken) and soft drinks.



Las Terrenas Town and Beach Tour

US\$75 per person

Hop aboard our tour bus to see the eclectic working beachtown of Las Terrenas.

We will stop and shop for dominican treasures in between exploring different local beaches 1 for lunch and 1 for drinks (non alcoholic).

Available *Tuesday & Friday.*

Minimum 6 people required.

You will need : swimsuit, towels, sun cream, hat, sun glasses, snorkeling equipment

Included : transport from YLV, snorkeling equipment, lunch (fish or chicken) and soft refreshments.



Sailing Catamarán - Bacardi Island - Snorkeling

US\$ 250 per person

Let's go to Samana by private bus to enjoy a quiet and relaxing day, aboard a comfortably seafaring catamaran.

A stone's throw away, some fifteen years ago, a ferry was wrecked, creating a great environment for thousands of fish, each one more beautiful than the other, who have made this place their home.

Minimum 6 people required.

Available every day except Sunday.

Included : transport from YLV, snorkeling equipment and lunch



Full Day Snorkeling and Boat Tours w lunch

US\$95 per person

Price includes pickup from the villa, transportation to samana, boat, equipment, snorkel leader, 2 sites. Bottled water and snacks, lunch on Cayo Levantado with a soft drink. Pina Colada.

Minimum 6 people required.



Private Catamaran to the Los Haitises national Park

US\$300 per person

Filled with emotion, bewitching, marvelous and mesmerizing, classified as a Unesco heritage, Los Haitises National Park is the true hidden gem of the Samana peninsula, and even of the Dominican Republic. You will learn the story of the Indigenous Indians (Tainos) who lived here hundreds of years ago. Their habitat, their fascinating caves that retain the imprint of their passage in the form of petroglyphs and other cave paintings.

Early in the morning, a bus will take you to Sanchez where you will board a private catamaran which will navigate its way through a magical setting for 3 hours, reminiscent of Halong Bay in Vietnam.



You will witness hundreds of small islands/cays, a generous mangrove home of curious little crabs which prance on the giant roots of mangroves. You will also get to see the birds island, home of hundreds of pelicans, vultures, magnificent frigates and even a few moorhens or wild ducks –some species of which are endangered.

You will walk on the sacred ground of 3 impressive caves with walls covered with Indigenous petroglyphs and pictographs. You will start off with a quiet and in-depth boat tour, which will give you time to observe, question, and catch the soul of this precious place.

And to end these emotion-filled moments, you will enjoy a nice appetizer right next to the lovely house of the park guard, followed by a gourmet lunch on the way back at a private restaurant.



A great adventure to share and enjoy with the whole family!

Minimum 6 people required.

Available Wednesday and Saturday.

Ask for availability for different day

You will need : tennis shoes, swimsuit, towel, sun cream, sun glasses, rain gear

Included : transport from hotel, entrance to the park, lunch and soft refreshments.

A wide waterfall cascading over a rocky cliff into a pool, with lush greenery on the sides.

Half Day Adventures



1/2 Day Sailing Catamarán Bacardi Island & Snorkeling US\$ 150 per person

Let's go to Samana by private bus to enjoy a quiet and relaxing day, aboard a comfortably seafaring catamaran.

A stone's throw away, some fifteen years ago, a ferry was wrecked, creating a great environment for thousands of fish, each one more beautiful than the other, who have made this place their home.

Minimum 6 people required.

Available every day except Sunday.

Included : transport from YLV, snorkeling equipment and lunch



El Limon Waterfalls hike - US\$ 55 per person

Grounding and reconnection to self

You can do this trip either by horseback or donkey, but most of the time by foot with good shoes, to get as close as possible to the stunning nature. You will pass through a gentle jungle, walk on a tumultuous path surrounded by mango trees, banana trees, royal palms, cocoa trees and coffee trees. After going across this peaceful environment you will finally reach breathtaking scenery. Surprise, if you come walking, you will return by another gentle path, ~~along a small river. You will arrive~~ at the ranch exhausted but happy, our backpackers will taste with great pleasure a succulent tropical meal.

Available every day from 8:00 am to 12:30 pm with a minimum of 6 persons.

You will need : swimsuit, towel, sun cream, sturdy shoes, rain gear, tips to the guide

Included : transport from hôtel or villa, entrance to the park, horse, lunch with refreshments



Horse Backing Riding on the beach

Starting from \$55 per person

We offer you this incredible horse-riding tour between the beach and the rainforest. The horses selected for this adventure are well trained for beginners, more spirited for experienced riders. Therefore, it is extremely important not to transform the dream into a nightmare and to take advantage of this exceptional experience by confirming your level because there are several options available to you. We want to make sure you get the option that fits you the best!

Minimum 6 people required.



We offer you 3 options :

- For beginners, families and kids from 5 years old : 1H30 – Tour only walking slowly
- For advanced riders and kids from 8 years old : 2H00 – Tour walking and trotting too
- With a private guide : 2H00 – Tour walking, trotting and could be galloping too

We highly recommend the private tour to enjoy the ride at your level.

The private guide can be free for a minimum of 6 riders in your group.

Every day from 9:00 to 12:00 or 2:00 to 5:00.

Minimum 6 people required.

You will need : closed shoes and long pants

Included : transport from Las Terrenas, refreshments

Price : US\$ 55 per person for 1H30,

US\$ 65 per person for 2H00

US\$ 85 per person with a private guide



Samana Zipline Adventure in El Valle

US\$100 per person

Are you ready to take off? With views of the lush landscapes of El Valle, the largest zipline in the country that rises more than 100 meters above the ground from mountain to mountain. Emotions and adrenaline guaranteed for the whole family, in complete safety.

Departure by bus from Las Terrenas, total duration of the descent is approximately one hour.

Possible every day from 8:00 am to 1:00 pm with a minimum of 6 persons

You will need : sun cream, sturdy shoes

Included : transport from hotel or villa

Price : US\$ 120 per person



Local Hiking Trips

From US\$60 per person

Explore the jungles, hills and hidden paths of Samana.

Our hiking guides will take you on a voyage of discovery in the local area, giving you the opportunity to get closer to nature and to witness some stunning views, off the normal beaten paths.

Available Thursday and Sunday with a minimum of 6 persons

You will need : sun cream, sturdy shoes

Included : transport from hotel or villa to start point.



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Contact Us



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yogalifevilla.com



[@theyogalifevilla](https://www.instagram.com/theyogalifevilla)